



Pan-Fried Oregano Gnocchi

with Romesco Sauce

Pan-fried potato gnocchi in an oregano pan sauce, served over homemade romesco sauce with balsamic roasted vegetables.





4 servings



Spice it up!

Garnish the final dish with some bread crumbs toasted with lemon zest, and add lemon wedges, dried chilli flakes and parmesan cheese.

TOTAL FAT CARBOHYDRATES

12g 24g

93g

FROM YOUR BOX

ZUCCHINI	1
BUTTON MUSHROOMS	1 bag (300g)
CHERRY TOMATOES	1 bag (200g)
OREGANO	1 packet
ROASTED PEPPERS	1 jar
ALMONDS	1 packet (40g)
GNOCCHI	1 paket (800g)

FROM YOUR PANTRY

oil for cooking, olive oil, butter, salt, pepper, 1 garlic clove, balsamic vinegar

KEY UTENSILS

large frypan, oven tray, stick mixer

NOTES

If you want to try extra flavours in your romesco sauce, you can add some sun-dried tomatoes, substitute balsamic vinegar with sherry vinegar, toast the almonds before blending, and add some smoked paprika or cayenne pepper.

No gluten option - gnocchi is replaced with gluten-free gnocchi.



1. ROAST THE VEGETABLES

Set oven to 220°C.

Crescent zucchini and halve mushrooms. Toss on a lined oven tray with cherry tomatoes, 1/2 packet oregano leaves, oil, 1 tbsp vinegar, salt and pepper. Roast for 15–20 minutes until vegetables are golden and tender.



4. PAN-FRY THE GNOCCHI

Add remaining oregano leaves and gnocchi to pan with sauce. Cook, tossing, for 6-8 minutes until golden. Season with salt and pepper.



2. BLEND THE ROMESCO

Drain and slice roasted peppers (see notes). Chop almonds and 1/2 garlic clove. Blend all together with 1 tbsp vinegar and 2 tbsp olive oil, using a stick mixer, until smooth. Season with salt and pepper.



3. START OREGANO SAUCE

Heat a large frypan over medium-high heat with **3 tbsp oil** and **3 tbsp butter**. Cook for 2–3 minutes until butter begins to foam. Add remaining **crushed garlic**.



5. FINISH AND SERVE

Spoon romesco into shallow bowls. Top with roasted vegetables and gnocchi. Drizzle over any remaining butter sauce from frypan.



